

Today's Speaker

TIERAONA LOW DOG, M.D.

Dr. Low Dog's extensive career in studying natural medicine and its role in modern health care began more than 30 years ago. Prior to attending medical school, she studied massage therapy, midwifery, herbal medicine and martial arts. After extensive experience with botanicals she went on to receive her Doctor of Medicine degree from the University of New Mexico School of Medicine. She currently serves as the Fellowship Director for the Arizona Center for Integrative Medicine and Clinical Associate Professor of Medicine at the University of Arizona Health Sciences Center.

Her many honors of distinction in recognition of her work with integrative medicine include the Martina de la Cruz medal for her work with indigenous medicines (1998), Time magazine's "Innovator in Complementary and Alternative Medicine" (2001), Bioneer's award for Outstanding Contribution to Medicine (2002), the Burt Kallman Scientific Award (2007) and NPR's People's Pharmacy Award for Excellence in Research and Communication for the Public Health (2010).

Dr. Low Dog has been an invited speaker at more than 500 scientific/health conferences, has more than 30 publications to her credit, has written 13 chapters for medical textbooks, has written two books and was co-editor for Integrative Women's Health, part of the Weil series of textbooks published by Oxford University Press. She has appeared on ABC's 20/20, CNN, is a frequent guest on NPR's The People's Pharmacy and has a regular column entitled "Smart Talk on Supplements" in Alternative and Complementary Therapies.

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DIRECTIONS

Villa Milano is 1 mile west of Cleveland Avenue, just east of Karl Road at 1630 Schrock Road Columbus, OH 43229.

From I-270, exit at Cleveland Avenue North. Schrock Road is the first intersection. Turn left onto Schrock. Villa Milano is approximately 1 mile on the north, or right side of Schrock Road. **From I-71**, exit at Route 161. Go east 161 to Karl Road. Turn left onto Karl Road. Karl runs through a residential area and dead-ends at Schrock Road. Turn right onto Schrock. Villa Milano is on the north, or left side of Schrock Road.

THE CENTRAL OHIO
ACADEMY OF
DENTAL PRACTICE
ADMINISTRATION
(C.O.A.D.P.A.)

Proudly Presents

TIERAONA LOW DOG, M.D.

to present

**Integrated Medicine: It's
Not Alternative Anymore**

"Nutrition for the Dental Team"

(morning session)

&

**"Dietary Supplements and Oral
Health" *(afternoon session)***

Friday, October 14th, 2011

8:00am - 4:00pm

The Villa Milano
1630 Schrock Rd.
Columbus, Ohio
614-882-2058

7 CE Credits

“Nutrition for the Dental Team”

(morning session)

A growing body of evidence now shows the direct link between nutrition and oral health, however, many dental professionals feel inadequately prepared to effectively counsel patients on healthy eating. This informative and fact-filled lecture will explore how macronutrients, micronutrients, glycemic index/load, dietary patterns and sugar substitutes impact oral health, periodontal disease and overall health. Learn the cutting-edge science behind the recommendations.

“Dietary Supplements and Oral Health”

(afternoon session)

The use of dietary supplements has become commonplace in the United States. Some nutritional supplements have been shown through scientific investigation to benefit oral and overall health. However, there remain concerns regarding safety and quality. All members of the health care team should be familiar with the evidence of safety and benefit for the most commonly used dietary supplements to enhance patient outcomes and reduce risk of adverse events associated with dental procedures.

***See included paper for a more detailed program synopsis and a complete biography.

7:30 -8:00am Registration

8:00- 12:00pm Conference

12:00-1:00pm Lunch

1:00-4:00pm Conference

The Central Ohio Academy of Dental Practice Administration is one of central Ohio’s oldest continually functioning dental organizations. Its primary goal has always been to contribute to the education and excellence of its members and their team.

Over the past 40 years, the Academy has proudly presented speakers and presentations for the education and enjoyment of our members. Our most recent speakers who have inspired us; Rick Pereira, Dr. Steven Douglas, Dr. Howard Farran, Tom Limoli, Dr. Bob Willis, Dr. Nate Booth, Walter Hailey and the Dental Boot Camp, Dr. Tom Orent, Jackie Dorst RDH, Suzzane Boswell, Dr. Paul Homoly, Joy Millis RDH, Barbara J. Steinberg, Joe Dillon, Bobbi Anthony, Dr. Thomas Abrahamsen, Gary Henschen and the E-Dentist.

A membership to the COADPA is a wonderful way to better yourself and your office. By attending our conferences, you are providing Continuing Education for your team, which can only increase your office production. We offer “Great Speakers at a Great Price”. For less than the cost of a guest conference fee, you can become a member

today! For more information about becoming member, please see Dr. Bezbatchenko.

We encourage you to take advantage of our cost saving price for membership.

Members & Guests

\$60.00 / Doctor and Team Member

This fee covers the speakers, facilities, refreshments, and lunch

Please submit all payments by Wednesday, September 14th, 2011 to reserve a seat. Due to the large number of invitees, please reserve soon, as there are a maximum number of guests who can attend. Make checks out to the COADPA and send to our treasurer:

Michael Bezbatchenko
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Westerville, Ohio 43081
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Fax: 614-890-4518

SAVE THE DATE!!!

March 9th, 2012